



The Flourishing Times

February 2016

Easter Edition

Welcome to Mops!!!

1st & 3rd Tuesdays
September–May
9:30-11:30
West Mesa Christian
Church
8821 Golf Course Rd.
NW Albuquerque, NM.
87114



Steering Team

- Coordinator**– Deanne Milligan
- Fundraising**–Francine Sedillo & Laura Berndt
- Bible Study** –Julie Orfield
- Publicity** -Lindsay Burger
- Hospitality**–Kathryn Wohlfeil
- Finance**– Marie Ihlefeld
- Table Mommas**– Lindsay Burger, Katie Bosanquet & Cindy Reinhard
- Creative Activities**– Miranda Moore
- Moppets**–Sasha Andrews & Miranda Moore

Meet Cynthia Reinhard

Husband: Eric

Children: Darien~11, Elora~4, Logan~ 2

Favorite Thing About MOPS
~ The fellowship with other Moms, knowing I am not alone

Why did you Choose to be on Steering ~ I believe in what MOPS does and wanted to push myself outside my comfort zone to help be a part of it

Favorite thing to do in Albuquerque ~ Trying all the amazing food and restaurants!

My day with no Kids would look like... Probably curled up with a Chai Tea and a good book

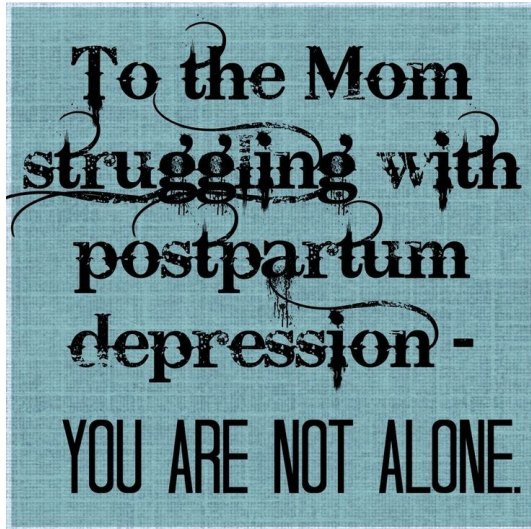
Word of Encouragement~ Psalm 37:4-5 Delight yourself in the Lord: and he will give you the desires of your heart. Commit your way to the Lord, Trust also in Him ,and He will do it.

Donations

Please continue to spring clean and collect your unwanted goods to donate to our Garage sale coming up in the spring. This is our biggest fundraiser and we need all the help we can get. Your donations are the first step. Ask your family and friends if they would donate too!

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Depression Speaker

Next meeting on March 15th, we will have a previous MOPS mom coming to share with us about her experience with depression. This will be a serious meeting, about something that should not be taken lightly and we should all be informed about. If it does not affect you it may affect someone you know. Knowledge is power, please come to support this mom and learn about the topic.



Tea and Testimony

April 5, 2016

One of our favorite meetings is coming up. This is a fun meeting where we change things up a little bit. Come for tea and treats. Wear a fun "tea hat" and come to listen to some amazing testimonies from other women. We need a few women who would like to share their testimony. If you are ready to take that step please let your table momma know!

Meet Marie Ihlefeld

Husband: Allen

Children: Lisette~8, Leanna~5, Lucas~2

Favorite Thing About MOPS: Meeting new friends, getting great advice/ideas and sharing stories about our kiddos and families

Why did I choose to be on steering: To become more involved in MOPS and form closer friendships. To support MOPS finances/budget and help align it to Cross of Hope Policy.

Favorite thing to do in ABQ: Visiting the zoo and bio-park. River of lights at the bio-park is my favorite!

My day with no kids would look like: I usually end up shopping and exercising, but I would much rather read, knit/crochet, sleep or even watch (gasp) an R-rated movie.

Favorite quote: 'Yesterday is history. Tomorrow is a mystery. Today is a gift. That's why its called the present.' - Alice Morse Earle

Honey Lemon Chicken By Cindy (from Rachael Ray)

Ingredients:

2 TB EVOO-extra virgin olive oil
8 bone in skin on chicken thighs
1.5 lbs baby potatoes
1 small onion, chopped
2-3 cloves garlic, grated
4-5 sprigs thyme chopped
2 lemons
1/4 cup honey
1/4 cup chicken stock or water
Zest of 1 lemon
1/2 cup parsley, chopped
1/2 cup pine nuts, toasted
Balsamic drizzle

In a skillet, heat EVOO over med heat. Season chicken with salt and pepper, and brown on both sides.

Scatter potatoes, onion, garlic, thyme, and lemon slices in the bowl of a crock pot. Season with Salt and pepper. Lay the browned chicken over the veggies and drizzle with honey. Add stock, cover and cook, undisturbed for 4 hours on high or 6-8 on low.

Serve each portion topped with a combo of lemon zest, parsley, toasted nuts, and balsamic drizzle.

Happy Easter!!!

For a little fun this time, I am hosting a coloring contest! Please take the coloring page home, color it, and bring it back to the next meeting. The winner will be voted on at the next meeting and yes, you will get a prize! Have some fun! (I included some extras to keep your kiddos busy while you color too)




Upcoming Events

Please join us on Facebook at Cross of Hope Mops for more information and upcoming playdates and events!!!

MARCH 2016

Sun Mon Tue Wed Thu Fri Sat

		1 MOPS 9:30-11:30 Table Dandelions provides food	2	3 Thimbelina Popejoy Hall 10:15 am	4	5
6	7 Playdate: A Park Above Rio Rancho 10am	8 Bible Study COH 9:30-11:30	9	10	11	12
13	14	15 MOPS 9:30-11:30 Table Lilies provides food	16	17 Playdate: Trader Joe's Tour 9:30-10:00	18	19
20	21	22 Bible Study COH 9:30-11:30	23	24	25	26
27 	28	29 Playdate: Dion's Tour 9:30 am	30	31		